Transition times. Supporting the child and adolescent's transitions in pediatric condition

FROM ILLNESS TO CURE 50 years experience in Pediatric Leukemia Psychosocial Aspects

Giuseppe Masera

Dept. of Pediatrics, University of Milano (1965-1983) and Milano-Bicocca,Monza (1984-2015)

Palermo, November 7, 2019

1) 60's

From RESIGNATION, DESPAIR To HOPE

2) 1967

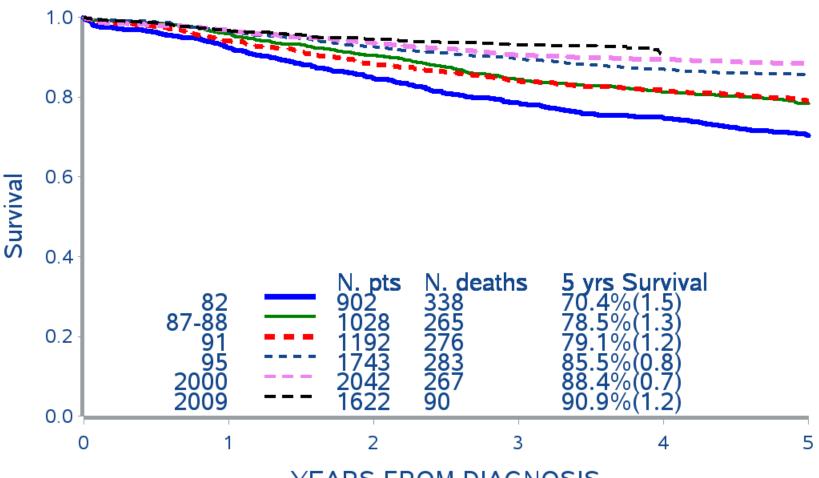
Donald Pinkel

(St. Jude Children's Research Hospital in Memphis)

Acute Lymphoblastic Leukemia: It is curable, it must be CURED

ALL AIEOP 1982 - 2009

8529 patients



YEARS FROM DIAGNOSIS



COMMUNICATION

LISTENING

The word is a wing of silence Pablo Neruda



4) 1969

"Doctor you MUST tell me what is Leukemia, and if I can be CURED".

Lorena A.L.L., 10 years





THERAPEUTIC ALLIANCE



CURE IS NOT ENOUGH

Giulio J. D'Angio, md*

CANCER March Supplement 1975





Jean van Eys

"The truly cured child"

van Eys J (Ed.) Baltimore, MD - Univ. Park Press

8) 1976 Global holistic approach Total cure and care



Momcilo Jankovic

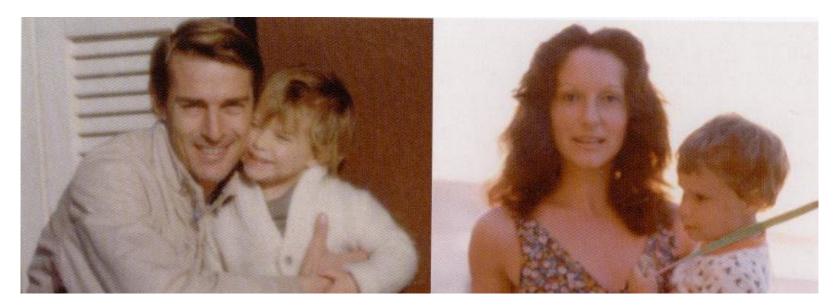
- Medical
- Educational
- Psychological

Social

9) END of 70's: SCHOOL

a) IN Hospitalb) AND Hospital

10) 1979: Maria Letizia



Comitato Maria Letizia Verga: 1979 - 2019 →

11) 80's COMMUNICATION - 2 To the Child (M.Jankovic) a) With the parents b) Without the parents c) With the siblings also

12) 1988



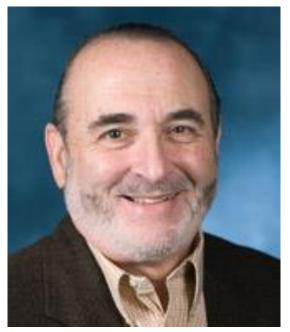
John Spinetta Psychologist, San Diego State Univ.

13) 1992

QUALITATIVE HEALTH RESEARCH / October 2005

Thematic Evidence of Psychosocial Thriving in Childhood Cancer Survivors

Carla Parry Mark A. Chesler



Mark Chesler Sociologist, Michigan Univ.

Resilience – PTG – PTSD

14) 1991-2008

SIOP Psychosocial Committee

- Chair: Giuseppe Masera
 Co-chairs: Momcilo Jankovic, John Spinetta
- This Committee discussed various psychosocial issues and developed 13 documents on Guidelines, summarizing the experiences of major centers.



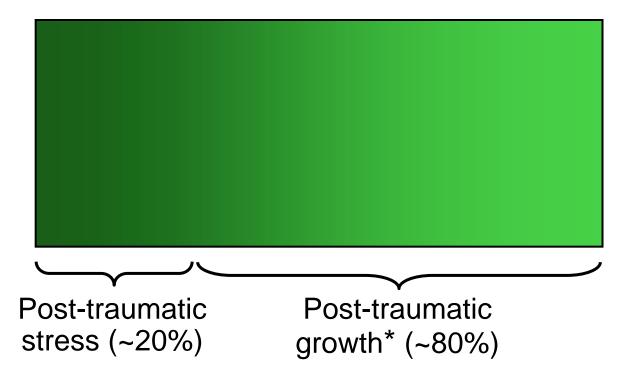
Prof. Tom Voûte SIOP President, 1990-1992

SIOP Psychosocial Committee 13 Psychosocial Guidelines in Pediatric Oncology

- 1. Critical commentary: Med Ped Oncol 21: 627-628 (1993)
- 2. School/education: Med Ped Oncol 25: 429-430 (1995)
- 3. Care of long-term survivors: Med Ped Oncol 27: 1-2 (1996)
- 4. Communication of the diagnosis: Med Ped Oncol 28: 6 (1997)
- 5. Therapeutic alliance: Med Ped Oncol 30: 183-186 (1998)
- 6. The terminally ill children: Med Ped Oncol 32: 44-48 (1999)
- 7. The siblings: Med Ped Oncol 33: 395-398 (1999)
- 8. The burnout: Med Ped Oncol 35: 122-125 (2000)
- 9. The refusal: Med Ped Oncol 38: 114-117 (2002)
- **10.Informed consent:** Med Ped Oncol 40: 244-246 (2003)
- 11.Non-conventionaltherapies: Pediatr Blood Cancer 42:106-108 (2004)
- 12.Communicating with the Dying Child: Pediatr Blood Cancer 50:1087-8 (2008)
- 13.Optimal care for the Child with Cancer: Pediatr Blood Cancer, Epub 2009

Psychological cure and care

Long-term survivors



*Resilience, thriving

Reference:

Marsland AL et al. In: Childhood Cancer and Sickle Cell Disease. A Biopsychosocial Approach. Ronald T. Brown, Oxford Univ. press, 2006, cap. 13: 237-61

VOLUME 32 · NUMBER 7 · MARCH 1 2014

JOURNAL OF CLINICAL ONCOLOGY

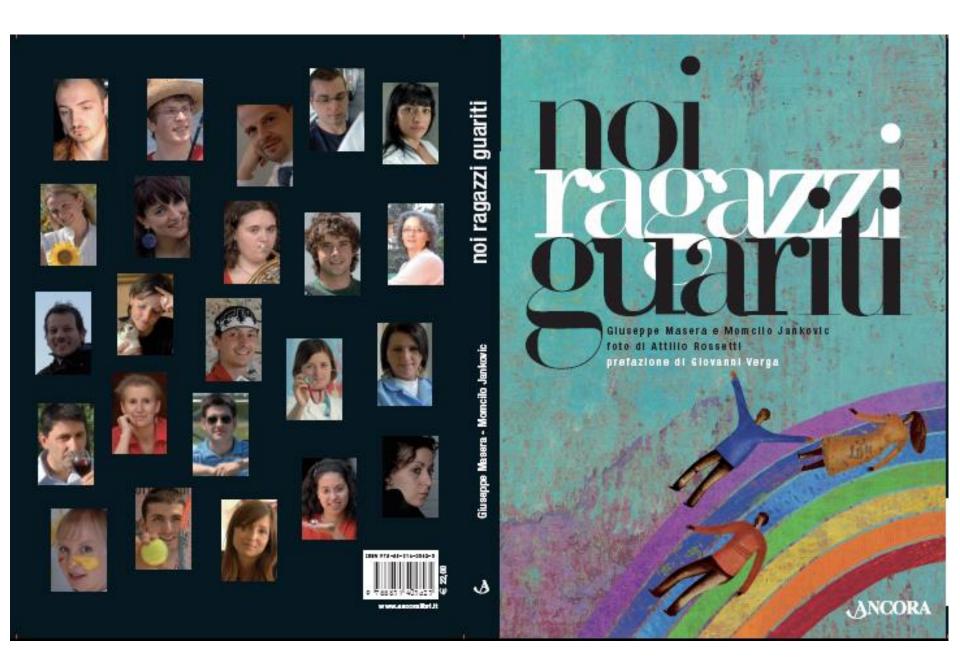
ORIGINAL REPORT

Posttraumatic Stress and Psychological Growth in Children With Cancer: Has the Traumatic Impact of Cancer Been Overestimated?

Sean Phipps, James L. Klosky, Alanna Long, Melissa M. Hudson, Qinlei Huang, Hui Zhang, and Robert B. Noll

Conclusion

These findings suggest no evidence of increased PTSD or PTSS in youths with cancer. Although childhood cancer remains a significant and challenging event, these findings highlight the capacity of children to adjust, and even thrive, in the face of such challenge.



15) The narratives

Our experience:

 100 narratives collected from young adults (age 18-50) former leukemia patients, at least 5 years from diagnosis.







Erice, October 27-28, 2006



International workshop: Cure and Care after childhood cancer

Organized by the Early and Late Toxicity Educational Committee (ELTEC) of the I-BFM-SG

Current Perspective

Long term survivors of childhood cancer: Cure and care The Erice Statement

Riccardo Haupt^a, John J. Spinetta^b, Irina Ban^c, Ronald D. Barr^d, Joern D. Beck^e, Julianne Byrne^f, Gabriele Calaminus^g, Eva Coenen^c, Mark Chesler^c, Giulio J. D'Angio^h, Christine Eiserⁱ, Andreas Feldges^j, Faith Gibson^k, Herwig Lackner¹, Giuseppe Masera^m, Luisa Massimoⁿ, Edina Magyarosy^o, Jacques Otten^p, Gregory Reaman^q, Maria Grazia Valsecchi^r, Anjo J.P. Veerman^s, Anthony Penn^t, Anne Thorvildsen^u, Cor van den Bos^v, Momcilo Jankovic^{m,*}, the International Berlin-Frankfurt-Münster Study Group Early and Late Toxicity Educational Committee (I-BFM-SG ELTEC)

Eur J Cancer, 2007; 43: 1778-1780

Erice (Sicily, Italy) October 27-29, 2006

Participation of

• 48 experts: Pediatric Oncologists (21)

Psychologists (6) Sociologist (1) Nurses (6) Epidemiologists (5) Parents (5) Survivors (4)

from 15 European and North America Countries

a) The goal

The long-term goal of the cure and care of the child with cancer is that he/she become a resilient, fully functioning, autonomous adult with an optimal health-related quality of life, accepted in the society at the same level of his/her age peers.

> Long term survivors of childhood cancer: Cure and care The Erice Statement – *Eur J Cancer 43 (2007) 1778–1780*

b) Cure

• Refers to the original cancer,

regardless of any potential for, or presence of, remaining disabilities or side effects of treatment.

> Long term survivors of childhood cancer: Cure and care The Erice Statement – *Eur J Cancer 43 (2007) 1778–1780*

 Children who have been treated for cancer can be **considered cured** when they have reached a time point at which the chance they will die is not greater than that of age-peers in the general population.

> Long term survivors of childhood cancer: Cure and care The Erice Statement – *Eur J Cancer 43 (2007) 1778–1780*

Journal of Cancer Survivorship (2018) 12:647–650 https://doi.org/10.1007/s11764-018-0701-0



Long-term survivors of childhood cancer: cure and care—the Erice Statement (2006) revised after 10 years (2016)

Momcilo Jankovic¹ · Riccardo Haupt² · John J. Spinetta³ · Joern D. Beck^{4,5} · Julianne Byrne⁶ · Gabriele Calaminus⁷ · Herwig Lackner⁸ · Andrea Biondi¹ · Kevin Oeffinger⁹ · Melissa Hudson¹⁰ · Roderick Skinner¹¹ · Gregory Reaman¹² · Helena van der Pal¹³ · Leontien Kremer^{13,14} · Jaap den Hartogh¹⁵ · Gisela Michel¹⁶ · Eva Frey¹⁷ · Edit Bardi^{18,19} · Michael Hawkins²⁰ · Katie Rizvi²¹ · Monica Terenziani²² · Maria Grazia Valsecchi²³ · Gerlind Bode²⁴ · Meriel Jenney²⁵ · Florent de Vathaire²⁶ · Stanislaw Garwicz²⁷ · Gill A. Levitt²⁸ · Desiree Grabow²⁹ · Claudia E. Kuehni³⁰ · Martin Schrappe³¹ · Lars Hjorth²⁷ · participants in PanCare





YOU ARE A LONG-TERM SURVIVOR, OLD MATHUSALA! I AM CURED!

FRAT097

c 0

17) 2006 To climb our Everest also in Val Camonica



18) Post-Therapy CancerworldMind the gap!

Who cares for patients after treatment is over? Specialists feel responsible for their patients, but lack time to offer long-term care. Patients feel abandoned as their treatment ends, but lack resources to seek the care they need. GPs lack confidence to deal with cancer-related issues, and feel it is not their job. Simon Crompton asks how health systems can overcome these barriers to get cancer patients the long-term care they need to get their lives back.

No. 82, May 2018, pp 34-39

Post-Therapy



19) SOCIAL INTEGRATION

MANY THANKS FOR YOUR ATTENTION