# Spring 2018 Volume 42 Issue 1













*Newsletter of* **The Society of Pediatric Psychology, Division 54, American Psychological Association** 

# President's Message

t the SPP Midwinter Meeting in Corpus Christie, Texas, the 18 attendees representing the SPP Board of Directors focused on many key activities of our organization, including our journals, our SPP annual conference (SPPAC), our APA conference programming, our SIGs and membership, as well as our finances.

### **State of the Society**

First, we are happy to report that SPP is strong. Compared to many other APA divisions, we are doing very well. Our members are engaged, we offer many high value services and activities to our membership, and our organization is financially stable. Our two journals are doing very well, with the *Journal of Pediatric Psychology* maintaining its strong status in our field, and *Clinical Practice in Pediatric Psychology* growing at an impressive rate. We also have a higher percentage of student and early-career members than many other APA divisions, an important indicator of future growth.

Our SPPAC in Orlando is quickly approaching – this will be our 30<sup>th</sup> anniversary conference. The planning committee has invited impressive keynote speakers and selected some excellent symposia – we do hope you are able to attend.

Our students are represented on the board by Jeannette Iskander, who reported on the impressive activities of this group including their involvement in the annual conference, activity on the Facebook page, and the active Network of Campus Representatives which is growing. Our newsletter is doing well and is an important and well-loved aspect of our organization, and the Board discussed some ideas for how we can make it more user friendly and engaging – keep an eye out for those improvements.

We discussed our vision for communication, as we believe there is opportunity for enhancing communication but also for coordinating communication across the various aspects of SPP. I am delighted to report that Brandon Aylward has been officially appointed as SPP's Communications Manager, and we voted to make this an official Board position. Brandon will work closely with our journal editors, website manager, newsletter editor, and others to enhance the cohesion and profile of our SPP communications.

We also reviewed SPPs vision and mission, and prioritized a focus on students, trainees, and early-career members, as well as the SPPAC and website.

#### **Our Finances**

We also, of course, discussed our 2018 budget and the current state of our finances. Our two major categories of spending for 2018 are going to be our numerous awards and grants, as well as the SPP annual conference. Our two major sources of



Ann McGrath Davis, Ph.D., MPH, ABPP

revenue are the *JPP* contract and SPP/APA dues. There are plans for increasing the financial processes of SPP, and the Finance Committee will work with the treasurer in this effort. Relatedly, a team has been working to renew our contract for *JPP*, which will have significant implications for SPP's long-term financial health, so thanks to Michael Roberts, Anne Kazak, David Elkin, Gerry Koocher, and Celia Lescano for all of their work on securing a favorable contract.

#### APA and SPP's 2nd APA Council Seat

Finally, the Board discussed many items related to the American Psychological Association (APA). We all agree it is important that we remain active and engaged in the larger organization. As a testimony to the hard work of our current APA Council Representative, Anne Kazak, and all of our other voting APA members, we have a secured a second seat on APA Council! This is an example of how your votes matter – those of you who voted for Division 54 on your APA Apportionment Ballot made this happen, so thank you for being engaged and for voting!

Engagement was a major priority of our Past President Celia Lescano, and it looks like you have responded to her message. We ask that you remain involved in SPP and ensure your voice is heard. The team has put together a strong program for the annual APA conference in San Francisco. We hope to see many of you there.

2018 looks to be another exciting year of growth for SPP, and I'm excited to get to work with our excellent Board and the many people who are engaged in SPP. I hope I get to meet many of you at the upcoming meetings, and please share with me your ideas regarding how SPP can better serve you, our field, and the patients we care for.

## **Progress Notes** is

published three times each year by the Society of Pediatric Psychology, Division 54, American Psychological Association.

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### **Newsletter Deadline**

Articles for the next newsletter are due before May 15, 2018.

Please send your submission to newsletter editor, Laura Simons, at: *lesimons@ stanford.edu*.

# **Updates**

# *Clinical Practice in Pediatric Psychology* Update: Expanding Reach at Home and Abroad

By Jennifer Verrill Schurman, Ph.D., Editor

#### **General Call for Papers**

s my editorial term begins, I want to encourage you to consider submitting a manuscript to *CPPP. CPPP* welcomes various types of submissions, such as: brief reports, case studies, qualitative analyses, quality improvement works, economic evaluation works, topical reviews, and systematic reviews/meta-analyses, in addition to more traditional empirical clinical studies. We aim to reflect the breadth and richness of pediatric psychology in its diverse activities. Please visit *www.apa.org/pubs/journals/cpp* for up-to-date journal information, special issue calls, and submission guidelines.

## **International Outreach**

In December 2018, *CPPP* will publish a Special Issue on "The Global Reach of Pediatric Psychology" with Laura Simons serving in the role of guest editor. This will be an exciting opportunity for researchers and practitioners to learn about psychological aspects of children's health and illness across cultures and to share strategies for health promotion, as well as injury and illness prevention, across international boundaries. I hope that this will be a first step in actively encouraging submissions that push the boundaries in terms of examining and/or including diverse populations, whether from authors within the United States or across the globe.

In keeping with the global emphasis, *CPPP* and *JPP* will be joining together to present a workshop on publishing SPP journals at the European Conference on Pediatric Psychology to be held in Ghent, Belgium

in September 2018. New guidance also has been posted on the *CPPP* website to support authors who are not native-level English speakers in accessing resources that may be helpful prior to submission.

#### **Implications for Impact**

Authors will notice that we are now asking for an "Implications for Impact"



Jennifer Schurman, Ph.D.

statement with all submissions. The intention is to allow authors to package their own research findings for distribution on social media channels and other outlets. In this way, authors are granted greater control over how their work will be interpreted by and impact key audiences globally and locally who are interested in the physical health and psychological well-being of children - practitioners, policy makers, news media, and members of the public. Ultimately, this is intended to streamline the process of social media posting and improve uptake of publication content. In the future, authors also may receive requests related to development of other content for social media (e.g., podcasts, author interviews, infographics, etc.) to help highlight critical findings and increase interest in accessing related manuscripts.

As always, we look forward to serving you and welcome any comments, suggestions, or ideas at *jschur-man@cmh.edu*.

## **Remembering Lutz Goldbeck, Ph.D.**

By Anne E. Kazak, Ph.D., ABPP and Nancy Kassam-Adams, Ph.D

**L utz Goldbeck**, Ph.D., 58, died unexpectedly on Oct. 30, 2017. Lutz was professor of Child and Adolescent Psychiatry/Psychotherapy at the University of Ulm Medical School in Ulm, Germany, where he also served as head of the Section for Psychotherapy Research and Behavioral Medicine.



aspects of chronic pediatric conditions, coping, quality of life, psychiatric co-morbidity, developing and evaluating psychosocial interventions, treatment of pediatric post-traumatic stress disorder and child abuse and neglect. He served as the principal investigator on many research grants related to child abuse and neglect, lung disease, cystic fibrosis, and leukemia, among others. View his publications at *https://scholar.google.ca/citations?user=NK-5PsoAAAAJ*. He served as a supervisor for many medical and psychological dissertations and trained many researchers and therapists.



## Journal of Pediatric Psychology: Updates and Tips on Ethical Writing

By Tonya Palermo, Ph.D., Editor

ur first issue of the year has been published; I hope you like the new look of the journal and new features. We are working on some corresponding updates to the *JPP* website to enhance its usefulness to readers and authors. In addition, I am presently reviewing all journal policies (e.g., manuscript types and author instructions) and will be making updates to reflect current *JPP* priorities. Any significant changes will be announced in upcoming editorials in the journal.



Tonya Palermo, Ph.D.

We have some exciting special issues including one on pain research in children that will be published in the spring; and three in progress including Adherence: a tribute to Dennis Drotar, Neural Processes and Child Health, and eHealth and mHealth in Pediatric Psychology. We are also making plans for our *JPP* Editorial Board meeting at SPPAC taking place on April 6 from 7 - 8 a.m. in Orlando.

I have been thinking about what authors can do to maximize ethical writing. Last year, I implemented a policy to run each manuscript submitted to *JPP* through CrossCheck powered by iThenticate, a plagiarism detection software. What I have learned so far is that we have some opportunities for improvement.

#### Tips for Authors and Students to Help Reduce Plagiarism:

- Avoid cutting and pasting text from prior documents. This will greatly reduce the chances for plagiarism and for self-plagiarism. Write from notes that you take. Don't rely on remembering to go back later to re-write or paraphrase text.
- Teach your students how to paraphrase text effectively. There are some great online resources that provide practice opportunities such as Purdue OWL: *https://owl.english.purdue.edu/owl/resource/619/2/* that can be incorporated into didactics on writing.
- Self-test your manuscript with a plagiarism detection tool prior to journal submission (most universities offer students and faculty free access to plagiarism detection software). Be cautious if you find a similarity index of ≥30%. Go thru the manuscript and reword the content to the extent possible. Ensure that citations are used appropriately.
- If the major portions of similarity are in the methods section and you cannot feasibly reword it due to the technical content, then you could explain it in your cover letter.
- For more tips see this resource on avoiding plagiarism by Miguel Roig, Ph.D.: https://ori.hhs.gov/education/products/roig\_st\_johns/ On%20ethical%20writing.html

## 2017 Diane Willis Award Outstanding JPP Article

The Diane Willis Award for Outstanding Article in the Journal of Pediatric Psychology honors Diane J. Willis, who served SPP as president and founding editor of JPP and the SPP newsletter. She has also played pivotal roles with both Divisions 37 and 53. This award recognizes an article published in JPP during a calendar year/volume as having the potential for enduring impact on the field of pediatric psychology.

Congratulations to the top articles and all co-authors, and to another great year of *JPP* publications!

#### **Outstanding Article**

Heather M. Conklin, Jason M. Ashford, Kellie N. Clark, Karen Martin-Elbahesh, Kristina K. Hardy, Thomas E. Merchant, Robert J. Ogg, Sima Jeha, Lu Huang, and Hui Zhang:

Long-Term Efficacy of Computerized Cognitive Training Among Survivors of Childhood Cancer: A Single-Blind Randomized Controlled Trial.

#### **Honorable Mention**

Christopher C. Cushing, Tarrah B. Mitchell, Carolina M. Bejarano, Ryan W.Walters, Christopher J. Crick, and Amy E. Noser:

Bidirectional Associations Between Psychological States and Physical Activity in Adolescents: A mHealth Pilot Study.

### **Kudos to the Committee**

Thank you to the Award Committee for their excellent work and collaboration!

Cynthia Gerhardt, PhD, Former Research Award Winner David Schwebel, PhD, Former Research Award Winner Jan Wallander, PhD, Former Research Award Winner Idia Thurston, PhD, Diversity Committee Sharon Berry, PhD, Chair



## **Candidate Statements**

Please vote by submitting the ballot APA mailed to you for the following Division 54 2018 election slate of candidates: President, Secretary, APA Council Representative, and Member at Large for Diversity and Student/Trainee Development.

## President

Jennifer Shroff Pendley, Ph.D., is chief of Psychology and former director of Internship Training at Nemours/duPont Hospital for Children and Professor of Pediatrics at Thomas Jefferson University. She was inaugural editor for *Clinical Practice in Pediatric Psychology* and is a Division 54 Fellow.

#### **Candidate Statement**

I am honored to be nominated for SPP President. Active in SPP for 25 years and most recently a board member, I deeply value

SPP and the opportunity to serve our membership and the greater community of Psychology. While CPPP editor, I worked to translate pediatric psychology evidence base into practical knowledge. The opportunity to strategize with others was gratifying and successful, demonstrated by CPPP's quick growth and stature. As a children's hospital Psychology Division chief, I have worked closely with hospital leadership to grow our psychology training programs and expand from nine to almost 60 psychologists this upcoming year. Viewing mentorship as essential to our field's success, I also contribute through trainee development, mentorship lunches, and leadership workshops.

Pediatric Psychology is experiencing rapid growth during a time of unprecedented changes in health care. Successful health care organizations will be those that define meaningful health outcomes, implement successful care systems, and develop effective workforces. SPP can lead these changes by leveraging both scientific knowledge as well as skill in health care delivery. My experiences demonstrate commitment to bridging research and practice and also the ability to advocate for psychology within complex systems and make me uniquely qualified to provide leadership in this area. If elected, I will work to provide mentorship and support to all members – students through senior psychologists. On a more interpersonal note, I love working with each of you, brainstorming creative ideas, and incorporating humor and levity in what we do!



Jennifer Shroff Pendley, Ph.D.

## President

Wendy L. Ward, Ph.D., ABPP, is a professor at the University of Arkansas for Medical Sciences College of Medicine. She is m also an APA Fellow with over 20 years of professional experience. Her career began in collaborative, team-based care initially with obese youth, leading to program development and expansion to the point that she now oversees faculty and fellows in 36 subspecialty clinics at Arkansas Children's Hospital. This work was presented recently at a CODAPAR-funded leadership



Wendy Ward, Ph.D.

symposium series at the 2016 American Psychological Association convention where she chaired the symposium on demonstrating psychology's value in medical settings.

Ward has collaborated on two national needs assessment surveys regarding leadership skills in psychologists across diverse medical settings. She serves in two institution-level positions (across five colleges and the Graduate School at UAMS) as the director of Interprofessional Faculty Development and associate director of Professional Wellness.

Ward also has extensive experience in faculty affairs, faculty mentoring, and has served on national committees (Children's Hospital Association, CRSSP, APPIC, and the American Academy of Pediatrics) and in multiple positions on national Boards (ABCAPP, Division 12/Section 8 Association of Psychologists in Academic Health Centers, and Division 54).

#### **Candidate Statement**

*I* am actively and intentionally engaged in the advancement of psychology in medical settings and in the promotion of evidencebased pediatric psychology practice and research across care settings, very much in alignment with the goals of Division 54. I hope you will consider my interest and commitment to continuing to serve Division 54 as President-Elect and that this summary of information is helpful.

## **APA Council Representative**

**Anne Kazak, Ph.D.**, is co-director of the Nemours Center for Healthcare Delivery Science and professor of Pediatrics at Thomas Jefferson University. She is SPP's historian and its 2006 president. She has chaired APA task forces of the Patient-Centered Medical Home and Evidence Based Care for Children and Adolescents. She has edited four journals.



#### **Candidate Statement**

would be honored to serve a second term as APA Council Rep. The past few years have been a time of flux for APA, with indications that the organization has addressed some underlying concerns and is looking ahead with renewed energy. I will continue advocating for SPP's interests and assuring our prominent role in health care and integrated care. Pediatric psychologists are well versed in current issues related to collaborative and integrated care. Our research addresses clinically relevant questions and the translation of our science to practice is ingrained in our training and practice settings. It is essential that our voices be heard in broader APA communities. We have much to gain from ongoing advocacy and collaboration with our colleagues from other fields of psychology and must continue to seek ways of building and expanding these connections.

## **APA Council Representative**

**Terry Stancin, Ph.D.**, is professor of Pediatrics, Psychiatry, and Psychological Sciences at Case Western Reserve University. She has been a national advocate for integrated primary care services for more than thirty years. She is a board certified Clinical Child and Adolescent Psychologist and an APA Div 54 Fellow. A leader in national pediatric and psychology organizations, Stancin is a past President of the Society for Developmental and Behavioral



Terry Stancin, Ph.D.

Pediatrics and recipient of awards including Division 54 Lee Salk Distinguished Service Award.

## **Candidate Statement**

*I* am excited that Division 54 has been awarded an additional position on the APA Council of Representatives, and even more excited about having the opportunity to represent Division 54 in that capacity. I would bring 30+ years of experience as an academic pediatric psychologist to the Council with a focus on positioning psychologists as leaders in health care initiatives and ensuring that we have an adequately prepared workforce that is highly valued and compensated fairly for its efforts. This includes advocating for advancing research and training funding streams as well as significant payment reform for psychological services. Moreover, I am eager to solicit ideas from the Division 54 membership and Board to bring forward to the Council, and to be a liaison to the Board regarding APA activities.

# **APA Council Representative**

**Kathleen Lemanek, Ph.D.**, is a professor of Pediatrics at Ohio State University and a pediatric psychologist at Nationwide Children's Hospital. She has served as member-at-large, treasurer, and president of SPP. She is a site visitor for the APA Internship Accreditation Program and treasurer of the Clinical Child and Pediatric Psychology Training Council.



## Kathy Lemanek, Ph.D.

## **Candidate Statement**

*T* am honored to represent Div 54 as an APA

Council Rep. As an active SPP member for almost 30 years, I feel I can effectively represent issues impacting pediatric psychologists at the council level. Throughout my career, I have been involved in clinical practice, training, program development, and research, so I have first-hand knowledge of these issues. I have served SPP in various roles and know how to work effectively within governance. It is critical that SPP has a active voice within APA to advocate for child mental and physical health needs as the national health care agenda is changing. The importance of keeping child health care interests in the legislative forefront is evident due to political influences on families and communities. I will ensure that Division members are informed about events occurring within APA related to practice, training and research.

## **APA Council Representative**

**Paul M. Robins, Ph.D.**, is a sprofessor of Clinical Psychology in Psychiatry at The Perelman School of Medicine, University of Pennsylvania and an APA Div 54 Fellow. Previous SPP service includes: Member at Large (Training); editorial boards, *JPP* and *CPPP*; associate editor, *CPPP*; task forces on training competencies and work force analysis; and Fellows Committee. Additional service to APA includes: FEDAC regional coordinator and Division 54 liaison



Paul Robbins, Ph.D.

to CAPP. He has served as Project Co-Director/Director for HRSA training grants designed to provide psychologist training in pediatric integrated primary care 2002-2010, and 2013-present.

## **Candidate Statement**

I am honored to be nominated for the role as a Division 54 representative to the APA Council of Representatives. It is essential that pediatric and child psychologists directly participate in the governance of APA, and strongly advocate for issues related to our profession, such as pediatric psychologists on the leading edge of integrated health care, and increasing and improving interprofessional education and competencies across the health care system. In addition, I welcome the opportunity to again serve on the SPP Executive Board; I hope to leverage clinical, teaching/training, and administrative experiences and better support key initiatives aimed at pediatric psychologists, trainees, and the children, teens, families, and systems/ communities we serve.

# Election 2018

## **Secretary**

**Adelle Cadieux, Psy.D.**, is a pediatric psychologist for the Helen DeVos Children's Hospital Healthy Weight Center and clinical assistant professor for Michigan State University. She has been a member of the Division 54 Obesity SIG since 2012. As a member of the Obesity SIG, Cadieux has served as its board secretary, vice chair, and currently as its chair.



Adelle Cadieux,

Psy.D.

## **Candidate Statement**

It is an honor to be nominated for the position of Secretary for Division 54. When I transi-

tioned from clinical child psychology to pediatric psychology, my involvement in Division 54 was key to my successful transition and has been a significant avenue for my continued professional development and collaboration. I view this as an opportunity to give back to SPP which has given so much to me. I have demonstrated my organizational skills, effective writing skills, presentation skills, leadership and collaboration skills through my work in the Obesity SIG, my program development of the Healthy Weight Center, medical student/resident trainings. I am ready to put these skills to use to contribute to the mission of SPP. Thank you for this opportunity and for your consideration to serve you and SPP.

## **Secretary**

**Erica Sood, Ph.D.**, is a pediatric psychologist at Nemours/Alfred I. duPont Hospital for Children and Assistant Professor of Pediatrics at Thomas Jefferson University.

## **Candidate Statement**

I am honored to be nominated for Secretary of the Society of Pediatric Psychology. I embrace SPP as my professional home and have sought out numerous opportunities to contribute

Erica Sood, Ph.D.

to the activities of this impactful organization. I have served on the SPP board as both 2014 APA Program Chair and 2018 SPPAC Conference Chair. My success in planning SPP's large national conference speaks to my strengths in organization, efficiency, and attention to detail. In this role, I have worked collaboratively with the SPP board, conference committee, SIG chairs, and diversity/international committees to plan a conference that is inclusive and meets the professional needs of our members. I strongly value SPP's commitment to professional development and initiated the first SPP student/trainee research symposium at the 2014 APA Convention and formalized professional development programming for mid- and late-career psychologists at SPPAC 2018.

The role of Secretary is a natural fit for my particular strengths as a detail-oriented, conscientious, and highly organized individual. Were I to be elected, I am confident that I would excel at the specific duties of Secretary, while also working collaboratively with other board members to further the mission of SPP and pursue innovative initiatives.

# Secretary

**Allison Dempsey, Ph.D.,** is an associate professor in the Department of Pediatrics at McGovern Medical School at the University of Texas Health Science Center at Houston.

## **Candidate Statement**

I am delighted to be nominated for SPP Secretary, which requires a high level of commitment, attention to detail, and strong organizational and communication skills. My work through interdisciplinary clinic leader-



Allison Dempsey, Ph.D.

ship and program development activities helped me acquire and refine these skills. I particularly enjoy my work with the department and the hospital system to promote and expand psychological services in an economically viable model. I have a strong interest in the financial and administrative aspects of pediatric psychology service delivery in healthcare settings, including billing capture, advocating for services, and assessing treatment models. I also am engaged in work to research and develop digital health approaches to expanding the accessibility of behavioral health services for children in medical settings. The knowledge I have gained through my experience in direct pediatric service delivery, work with individuals at the systems-level, and research in digital tools for behavioral health prepare me to bring a perspective to the board that is alignment with its overall mission.

## Member at Large - Student/Trainee

**Hobart Davies, Ph.D.**, is a professor and chair of Psychology at the University of Wisconsin-Milwaukee, where he has been the graduate mentor to more than 20 pediatric and child clinical psychologists. He and his students have over 100 publications and have presented 150 posters and papers at SPP-sponsored conferences. He is a Division 54 Fellow and has been a member of SPP since 1989. He currently serves as editor for the Ethics and Pediatric Psy-



Hobart Davies, Ph.D.

chology Special Section in Clinical Practice in Pediatric Psychology.

## **Candidate Statement**

would be honored to serve as Member-at-Large for Student/Trainee Development. Student and trainee development has been the primary focus of my career, and it is the most important role of the Society. We have a robust range of programs supporting trainees, and the sustained growth of SPP is a testament to our success in supporting career paths for our trainees. As Member-at-Large, I would be committed to strongly supporting our programs that promote and recognize research excellence for graduate students, interns, and post-docs. I would also like to see expansion of professional development options for trainees in the areas of clinical excellence, leadership, policy/advocacy, and prevention. These might include scholarship opportunities for advanced training in empirically supported interventions or new award mechanisms that recognize the pursuit of excellence beyond the research realm.

## Member at Large - Student/Trainee

**David Fedele, Ph.D.**, is an assistant professor in the Department of Clinical & Health Psychology at the University of Florida. He mentors students in research, delivers clinical services in the Pediatric Cystic Fibrosis Center, provides clinical supervision for graduate students, interns, and fellows, and teaches foundational courses in Child Psychology. His SPP service includes being a member of the Science and Practice Committee, a standing reviewer for the Targeted



David Fedele, Ph.D.

Research Grant program, and a JPP editorial board member.

#### **Candidate Statement**

I am enthusiastic about the opportunity to serve as MAL Student/ Trainee Development. My active involvement in the training and professional development of students at all levels make me especially in-tune with trainee needs. I will build upon SPP's ongoing initiatives of providing research funding and travel support, and increasing membership and involvement, especially among underrepresented groups. Potential initiatives include: 1) expanding SPP's website to further serve as a resource by developing webinars on pertinent topics (e.g., career guidance, interdisciplinary training) and 2) developing mentorship opportunities for undergraduate students via creating a graduate student peer mentor program.

# Member at Large – Diversity

**Elizabeth Pulgaron, Ph.D.**, is an assistant professor of Clinical Pediatrics at the University of Miami's Miller School of Medicine. She has spent a significant amount of her professional career working in the community. Pulgaron presently serves as director of Psychosocial Services for the School Health Initiative at the University of Miami Miller School of Medicine.



Ph.D.

#### **Candidate Statement**

I am honored to be nominated for the SPP Member at Large for Diversity position. Recently, I served as the 2016 APA Program Chair and as the Diversity SIG co-chair for the past three years. Previously, I was the Research and Presentation chair for the Diversity SIG. I am excited for this opportunity to continue to serve the Division, especially with a focus on diversity. This is an area important to me both personally and professionally. Most of my research and clinical work has been with patients of diverse backgrounds, and I continue to grow and learn in this area.

Over the last couple of years, especially under Dr. Lescano's presidency, there has been focus and attention to diversity in our division's membership, conference programming, and scholarship. I plan to continue her efforts and those of Dr. Valenzuela's by ensuring we recognize and integrate diversity in SPP. It would be a privilege to serve in this position and represent the evolving demographics of our Division and our patients.

## Member at Large - Student/Trainee

**Idia Thurston, Ph.D.**, is an assistant professor at the University of Memphis and licensed psychologist at the Healthy Lifestyle Clinic at Le Bonheur Children's Hospital.

## **Candidate Statement**

I am honored to be nominated for SPP MAL Student/Trainee Development. As a pediatric psychologist focused on adolescent health disparities, I am driven to understand students' needs, enhance student training, and diver-



Idia Thurston, Ph.D.

sify our Division to more closely match the families we serve. I am dedicated to developing the next generation of pediatric psychologists, a passion which stems from the excellent guidance I have received during my early career. If elected, I hope to bring my passion, knowledge, and skills to promote trainee development and pay forward the opportunities I have been afforded. I aim to work collaboratively with the MAL-Diversity, MAL-Membership, and Student Advisory Board to address the training needs of our next generation of pediatric psychologists, with particular focus on increasing the presence of underrepresented trainees involved in SPP and promoting scholarship/ grant opportunities that support the well-being of marginalized and underserved pediatric populations.

## **Member at Large – Diversity**

**Melissa Santos, Ph.D.**, is a senior pediatric psychologist, clinical director of the Pediatric Obesity Center at Connecticut Children's Medical Center, and an assistant professor of Pediatrics at the University of Connecticut School of Medicine. She oversees CCMC's surgical and non-surgical obesity programs. Her research focuses on improving treatment outcomes for youth participating in weight management programs by focusing



Melissa Santos, Ph.D.

on subpopulations that historically have not benefited from current obesity treatment models and testing technology supports to aid in treatment outcomes.

#### **Candidate Statement**

I am honored to be nominated to serve as Member at Large for Diversity. SPP has been my professional home for years, and I am privileged at the chance to be able to serve an organization that has served me for years. Issues of diversity are particularly salient for me. As a first generation born American, one of the first in my family to graduate college and the first to go to graduate school, having a strong, safe space to learn from others, be mentored, and air concerns and struggles are essential to success. Representation across multiple areas of diversity is critical, and I am eager to work with others, including students, the executive board, SIGs, and committees, on initiatives to increase SPP representation, provide networking and mentoring opportunities, and given our challenging political climate, a sense of safety and community within our organization.

# Student Front

# Taking Advantage of Opportunities to Get Involved in SPP

## By Jeannette Iskander, M.A., D54 Student Representative

I n my opinion, one of the best parts about being connected with SPP are the number of opportunities that are available for trainees to get involved. Not only are there opportunities for trainees to network with their colleagues, but there are also opportunities for trainees to connect with senior professionals in the field. If you're wondering how you can make the most out of your time as an SPP trainee, here are a few suggestions.

## **Attend SPPAC and the APA Convention**

One of my favorite events is the annual conference. Each year, I look forward to connecting with colleagues, learning a new clinical skill, getting up-to-date information on the field's cutting-edge research, and networking with senior mentors.

This year, SPPAC will be held in Orlando April 5-7, and the Student Advisory Board will again host the Mentoring Luncheon, providing trainees with an opportunity to meet and network with distinguished professionals in the field. Watch for information on how to sign up for this event on the listserv. We will also host a Student Social, providing trainees with an opportunity to connect with friends and colleaguesand the Internships and Postdocs on Parade, which has always been a huge hit. New this year is a professional development session targeted toward trainees, focusing on a choosing a career path in pediatric psychology.

The APA Annual Convention will be held in San Francisco in August. We are currently in the planning stages and there will be several programming sessions targeted towards trainees.

### **Apply to Serve**

We are currently accepting applications for the Student Advisory Board. Serving on the board is an excellent way for individuals to gain leadership experience and form networking relationships with their peers. We are currently looking for new members to serve as the Student Representative, and on the Mem-



Jeannette Iskander, M.A.

bership, Programming, and Student Spotlight/Website committees.

Another way to get involved is to serve on the Network of Campus Representatives, allowing you to raise awareness about pediatric psychology throughout your department, university, and community. You also get to to collaborate with other university representatives from across the country.

### **Additional Student Opportunities**

There are several other ways for trainees to get involved. If you have a specific interest in a subspecialty of pediatric psychology, join one of SPP's many Special Interest Groups. If you are hoping to attend SPPAC or the APA annual convention, consider applying for a travel award. Need money to fund your research? Consider applying for one of the several awards and grants that the division offers.

Check out SPP's website or email me at *SPP.StudentRep@gmail.com* for more information on these student opportunities. I encourage you to contact me with questions and comments.

## **Call for Student Leaders**

The SPP Student Advisory Board (SAB) is accepting applications for **six** SAB member positions including student representative. SAB members hold twoyear terms, beginning Jan. 1, 2019 with transition to the position in August 2018.

Applicants must be Division 54 student members and enrolled in an APAaccredited graduate program in professional psychology with specific interests in pediatric psychology. Applicants must not be eligible for graduation from their program until after their term is complete in December 2020. Preference is given to students who are active in pediatric psychology through research and clinical activities, have leadership experience, and who are at least in their second year of graduate study.

To apply, email the following to SPP Student Representative Jeannette Isknaders at *SPP.StudentRep@gmail.com*: 1) contact information; 2) CV; 3) letter of recommendation from your primary mentor; and 4) a short statement indicating your interest in serving as an SAB member and preference as to how you would serve on the SAB (i.e., Student Representative, Membership Committee, Programming Committee, or Student Spotlight/Website Committee), including highlights of how you would contribute. For more details on the duties of the Student Representative position or the SAB committees, visit the SAB webpage or contact Jeannette at *SPP.StudentRep@gmail.com*.

Deadline is April 15, 2018.

## **Call for Student Spotlight**

**S** PP's Student Advisory Board is accepting nominations for outstanding **graduate** students in pediatric psychology. One student will be selected based upon his/her interest in pediatric psychology and contributions to the field and featured in the Student Spotlight section of **Progress Notes.** This is a wonderful opportunity to honor a **graduate** student and provide the student with exposure to Division 54.

To request a nomination form, contact Student Advisory Board member Kim Klages at *klklages@gmail. com.* Please send the nomination form, a letter of recommendation, and the nominee's CV to her at *klklages@gmail.com.* 

Deadline is July 13, 2018.

# **SPP Student Grants and Awards**

# **Student Grants**

## **Marion and Donald Routh Student Research Grant**

 $S^{\rm PP}$  established this annual research scholar grant program for for current student members of SPP in fulltime psychology graduate programs (i.e. graduate students or interns) conducting research under the supervision of a faculty advisor. Research proposals should address areas consistent with the field of pediatric psychology.

Funding is available up to \$5,000. One winner will be selected. A second place award of up to \$1,000 will be provided to the runner-up to support their proposed study.

## Mary Jo Kupst Trainee Grant for Research in Resilience

his grant, honoring Mary Jo Kupst, was designed to help This grant, nonoring many so request tribution and advance the field of pediatric psychology specifically in the area of resilience and/or family functioning. Funding is available up to \$1,000.

## **Lizette Peterson-Homer Injury Prevention Grant**

his grant, open to students and faculty, provides support for research related to the prevention of injuries in children and adolescents. It is jointly sponsored by APA Division 54 and the American Psychological Foundation (www. apa.org/apf/).

Funding is available up to \$5,000.

## **Drotar-Crawford Postdoctoral Fellowship Research Grant in Pediatric Psychology**

his grant, made possible by a generous donation from Peggy Crawford, Ph.D., and Dennis ("Denny") Drotar, Ph,D., is open to postdoctoral fellows who are current SPP members to support research related pediatric psychology under the guidance of a mentor.

Funding is available up to \$10,000 (for up to two years).

## **Student Awards**

## **Student Research Award Competition**

 $S^{\rm PP}$  encourages and rewards quality research on issues related to pediatric psychology and health care of children. All research must have been completed while the candidate was a student. The student must be the primary (first) author.

An award of \$1,000 is available.

## Submit applications as one complete PDF document by Oct. 1, 2018 to:

Eleanor Mackey, Ph.D. Email: EMackey@childrensnational.org

For more information, visit www.societyofpediatricpsychology.org/awards\_and\_grants

## 2017 Student Grants, Research Award Winners

**Routh Student Research Grant** 



Carolina M. Bejarano, M.A. University of Kansas



Marie L. Chardon, M.S. University of Florida

## **Lizette Peterson-Homer Injuiry Prevention Grant**



Lindsey Weil Northwestern University

## Mary Jo Kupst Grant for **Research in Resilience**



Megan R. Schaefer, M.S. Auburn University

## **APA Scholar Awards**



**Colleen Bechtel Driscoll** Loyola University of Chicago



Samantha Hamburger Children's National Health System



Alexandra Monzon University of Kansas

## **SPP Student Research Paper Award**



Tarrah Brooke Mitchell, M.S. University of Kansas

# Student Front

# Collaboration Award

# Post-baccalaureate Spotlight

Andrew McConville is a post-baccalaureate student working under the mentorship of David Fedele at the University of Florida (UF). Andrew received his Bachelor of Science degree in Psychology from UF in 2015. During



Andrew McConville

his undergraduate career, McConville worked as a research assistant for Lisa Clifford, examining topics including pediatric obesity, postpartum weight management, and bariatric surgery. After graduating, he worked as a community health worker at UF's HealthStreet, where his responsibilities were to interface with community members from North Central Florida about health concerns, research opportunities, and social services available in their area.

McConville began working with Fedele in January 2016. He currently serves as the project coordinator for Fedele's mHealth pilot study. As the project coordinator, McConville has been heavily involved in all stages of the project including facilitating the development of the mHealth tool, creating intervention content, maintaining IRB-related records, and leading recruitment and study enrollment. He also serves as the lab coordinator for Fedele's Pediatric Behavioral Health Lab. In addition to supervising undergraduate research assistants, McConville works closely with Fedele's graduate students to review manuscripts, manage data, write publications, and prepare grant applications.

McConville is recognized as an outstanding postbaccalaureate student with exceptional promise as a future leader in pediatric psychology. He has presented research at national conferences, co-authored a published journal article, and has manuscripts in preparation and under review. His areas of research interest include using mHealth technologies and novel intervention modalities to impact behavioral change in pediatric health.

In the future, McConville plans to obtain his Ph.D. in clinical psychology. He ultimately intends to become a pediatric psychologist and professor at a university.

## International Collaboration to Develop a Cross-Cultural Measure of Social Competence for Adolescents with Chronic Pain

By Jessica Fales, Ph.D. Assistant Professor, Washington State University

A growing body of evidence suggests that adolescents with chronic pain experience significant challenges in their peer relationships. The reasons for these peer problems are

not well understood;



Line Caes, Ph.D., (at left) and Jessica Fales, Ph.D.

however, social competency deficits or differences may play a role. Unfortunately, research testing this hypothesis has been hindered due to measurement issues. Existing measures of social competence do not capture the full range of challenging peer situations experienced by adolescents with chronic pain, and consequently may not be ecologically valid. In order to develop a valid measure of social competence, it is essential that our patients be involved in the measure development process as experts on themselves.

With funding support from SPP's International Collaboration Award, I had the pleasure of joining Dr. Line Caes at the University of Stirling to initiate development of a cross-cultural evidence-based measure of social competence for adolescents with chronic pain. The principal purpose of the trip was to receive training and mentorship from Dr. Caes in the use of Participatory Research Process (PRP)—a validated qualitative method that allows for participants to be involved in the collection, analysis, and interpretation of their own data, ensuring that their voices will be heard. As part of the training and visit, we trialed the PRP method with a team of developmental experts at the University of Stirling and incorporated their feedback into a second trial with a group of secondary school students and their parents. With the training and practice experience in Stirling, we are now prepared to fully implement Phase 1 of our measure development process—which involves conducting PRP workshops in Scotland, the United States, and Canada. Manuscript preparation, grant writing, and plans for sustained collaboration are underway.

We are so grateful to Dr. Paula Forgeron, our Canadian collaborator, as well as Dr. Siobhan O'Higgins, pioneer of the PRP workshop method, for her expert guidance during the collaboration week. Special thanks also to drs. Shing, Caldwell, and Rafetseder, who provided critical feedback during our first trial of the PRP method, and to the teens and parents who participated in our second focus group as part of their involvement in National Healthcare Weekend, hosted by Medic Mentor at the University of Stirling.

As researchers who well-understand the importance of cultivating relationships—we are especially grateful to SPP for making this trip possible. It was a pleasure working with and learning from Dr. Caes, and I know that this will be an enduring and fruitful collaboration.

Please watch for more work from us!

# Research Grants

## 2018 \$20K Targeted Research Grant Project Summaries

Validation of the Healthcare Transition Outcomes Inventory for Young Adults with Type 1 Diabetes

Pl: Jessica Pierce, Ph.D. Nemours Children's Hospital

M uch of the literature on the health care transition (HCT) from pediatric to adult centered-care focuses on how to prepare or ready adolescents and young adults (YA) with chronic illnesses for a



Jessica Pierce, Ph.D.

successful HCT, with less of an emphasis on how to measure whether the HCT was successful. When the focus is on HCT outcomes, the research is fraught with methodological difficulties, making it difficult to generalize and compare findings across studies.

To address these gaps, we proposed an integrative research agenda to develop a multidimensional, multi-rater measure of HCT outcomes in YA with type 1 diabetes (T1D). Through extensive collaboration with multiple HCT stakeholders using PROMIS methods, we developed and refined initial item pools for each version of the measure.

My SPP Targeted Research Grant will address the next steps: to conduct a psychometric validation study of the refined item pools. We aim to establish initial psychometric properties through item analysis, confirmatory factor analysis, and evaluation of the reliability, construct, and criterion validity of the YA-, parent-, and provider-versions of the new measure. Approximately 200 YA with T1D ages 18-25 who were previously followed by a pediatric diabetes specialist, along with their parent/ caregiver and adult diabetes healthcare provider will participate in this one-year, cross sectional study. Participants will be recruited via an electronic medical record data query and all procedures (informed consent, eligibility screening, and study questionnaires) will be conducted electronically.

## Using Technology-Assisted Stepped Care Intervention to Improve Adherence in Adolescents with Asthma

PI: Rachelle Ramsey, Ph.D. Cincinnati Children's Hospital Medical Center

D espite effective medical treatment for asthma and efficacious behavioral interventions to promote medication adherence, adherence remains a significant problem for adolescents with asthma.



Rachelle Ramsey, Ph.D.

Implementing a technology-assisted stepped-care (TASC) adherence-promotion intervention system has the potential to address the limitations of available interventions for adolescents with asthma by overcoming barriers to access, providing individualized care, and expanding the reach and impact of these interventions, thereby improving the health of adolescents with asthma. Although medical care is often provided in a stepped-care fashion, behavioral interventions for nonadherence are typically not administered in a systematic stepped-care framework. TASC is a novel and engaging intervention that leverages adolescent use of technology to increase adherence to medications and improve health outcomes.

This study will pilot test the TASC intervention with 15 adolescents with asthma and evaluate the implementation process of this intervention to promote the dissemination of the intervention. The TASC intervention has the potential to address the limitations of available adherence-promotion interventions for adolescents with asthma by overcoming barriers to access, providing individualized care, and expanding the reach and impact of adherence-promotion interventions to improve the health of adolescents with asthma.

## Call for Proposals: SPP Targeted Research Grants - 2019 Award Cycle

S PP's annual Targeted Research Program was established to fund research projects that will contribute to priority and emerging areas in the field of pediatric psychology and allow investigators to collect pilot data to aid in securing additional major grant funding.

For the 2019 award cycle, the committee solicits proposals that address the Healthy People 2020 topics/objectives broadly defined. As a result, the focus of the proposal can target many populations, methods, and behaviors within pediatric psychology. Grants will be peer reviewed using a study section/committee methodology by three reviewers.

SPP will award up to two grants in the amount of \$20,000 each to cover one year of funding to those research proposals demonstrating the greatest merit and potential for success. This funding opportunity is for early-career investigators (within 10 years of Ph.D.) who do not have current or previous major research funding for which they serve as Principal Investigator (PI). In the United States this would be an R01 or equivalent.

## Letters of Intent Due: June 1, 2018 Application Deadline: Sept. 15, 2018

Questions? Contact Avani Modi, Ph.D. at avani.modi@cchmc.org or visit www.societyofpediatricpsychology.org/node/230 for additional details.

## **SPPAC 2018 Conference Highlights**

## Innovative Strategies to Promote Research and Practice in Pediatric Psychology: Adapting to a Shifting Healthcare Landscape

By Erica Sood, Ph.D., and Amy Holley, Ph.D.

W e invite you to attend the 2018 Society of Pediatric Psychology Annual Conference (SPPAC) in Orlando, Florida. The conference features four invited speakers, 16 symposia, nine professional development sessions, and four poster sessions. It also includes preconference workshops, special interest group meetings, a mentoring lunch, a mid-career Lunch and Learn, Internships and Fellowships on Parade, and many other opportunities for socializing and networking.

## Thursday, April 5, 2018

## Morning Pre-Conference Workshops CE

- Treating Somatic Symptoms in Youth: Collaborative Care, Evidence-Based Assessment and Intervention, and School Consultation (2.5 CEs)
- Basics in Quality Improvement: How to Operationalize in Pediatric Psychology Practice (2.5 CEs)
- Developing Effective Training Grant Submissions in Pediatric Psychology: Strategies for Success with Predoctoral, Postdoctoral and Career Development Awards (2.5 CEs)
- Pediatric Behavioral Sleep Medicine: Beyond the Basics (2.5 CEs)

#### Afternoon Pre-Conference Workshops CE

- Ethical Decision Making in Pediatric Clinical Ethics Consultation (3 CEs)
- Developing and Implementing mHealth Interventions to Improve Health Outcomes of AYA Living with Chronic Health Conditions: Lessons Learned and Practical Advice (2.5 CEs)
- Introduction to Latent Variable Mixture Modeling (2.5 CEs)
- The Interprofessional Education Movement: How Psychologists Can Get Involved (2.5 CEs)

### Evening Concurrent Symposia CE

- Exploring the Role of Qualitative Research within Behavioral Trials in Pediatric Psychology
- Two Generation Approaches in Pediatric Primary Care
- Advancing Understanding of Psychosocial Implications of Disorders/Differences of Sex Development (DSD)
- Unique Phenotypes that Present for Weight Management Treatment

## Friday, April 6, 2018

### Morning Concurrent Symposia CE

- Updated Findings from the SPP 2017 Workforce Survey
- Assessing Pain and Effecting Change: Enhancing Care and Outcomes of Youth with Sickle Cell Disease
- Executive Functioning in Pediatric Chronic Conditions: Behavioral Phenotypes to InterventionPublishing 101: Maximizing your Chances of Successs
- Svere Pediatric Obesity: Using Clinical Research to Promote Effective and Viable Psychology Services in Today's Healthcare Landscape

## Plenary Address CE – Rinad Beidas, Ph.D.: Why Should You Care

About Implementation Science? Applying Principles of Implementation Science to Pediatric Psychology

#### Afternoon Professional Development Session CE

- Choosing a Career in Ped Psych: Advice from Early Career Psychologists
- Getting Started and Advancing in the Peer Review Process
- Integrating Research and Practice in a Pediatric Psychology Career
- Planning to Thrive in Mid-Career: Challenges, Resources, and Self-Reflection
- Continuity & Change: A Conversation Hour for Pediatric Psychologists > 20 Years Out



Plenary Address<sup>CE</sup> – Carole Lannon, MD, MPH & Diane Pickles: *Part*nering with Patients, Families, and Clinicians to Improve the Resilience and Emotional Health of Children with Chronic Illness and Their Families: The Power of Learning Networks

#### Afternoon Concurrent Symposia CE

- Individual Differences in Chronic Pain Etiology and Treatment Response: Matching Data Capture to the Clinical Problem
- Recent Efforts and Important Considerations in Psychosocial Screening, Assessment, and Intervention in Pediatric Cardiology
- Innovative Interventions for Children with Cancer and their Families
- Outstanding Pediatric Psychology Research by Students and Trainees

#### Evening Professional Development Session CE

- Improving the Patient Experience: Expanding the Pediatric Psychologist Role
  Innovations in Medical Education: Building Skills to Enhance the Role of
- Psychologists as Educators Amidst a Shifting Healthcare Landscape
   Pediatric Psychologists as Experts in the Dissemination and Implementa-
- Pediatric Psychologists as Experts in the Dissemination and implementation of Behavioral Health Techniques in Healthcare Settings: Training in Motivational Interviewing as an Illustrative Example
- Considerations for Working with Young Adults in Pediatric Settings: Competencies, Program Development, and a Complex Case

## Saturday, April 7, 2018

**Diversity Plenary Address** <sup>CE</sup>– Jean Raphael, MD, MPH: Policy to Practice: Advancing Health Equity through Technology-Based Interventions

#### Morning Concurrent Symposia CE

- The Diverse Impact of Physical Activity on Child Health
- Pediatric Solid Organ Transplant: Intervention and Monitoring Programs to Address Long Term Patient Care Needs
- Addressing the Unmet Need: Novel Treatments of Pediatric Feeding Disorders
- Advancing Fertility and Reproductive Health Counseling in Pediatrics

**International Plenary Address** <sup>CE</sup>– Martha Grootenhuis, MSc, Ph.D.: Real World Implementation of Patient Reported Outcomes in Pediatric Clinical Practice

**Mid-Career Lunch and Learn** <sup>CE</sup> - Building Programs: Justifying and Planning for Growth and Additional Resources (1.5 CEs)

\*There are 15 scheduled hours of introductory to advanced-level CEs for psychologists offered at SPPAC 2018. Preconference workshops and Lunch and Learns must be registered for separately and are not included in conference registration. Additional CEs are available for those who attend preconference workshops and the mid-career Lunch and Learn.

All programming being offered for continuing education credit is denoted with a CE in the abbreviated schedule above.

For complete information, visit www.societyofpediatricpsychology.org/node/726



## S.I.P.Ped. International Conference: Maternal Infant Health Care: Questions and Issues on Integrated Practice

The International Conference, Maternal Infant Health Care: Questions and Issues on Integrated Practice, took place Nov. 30 – Dec. 2, 2017, at Polytechnic School of University of Palermo (Italy), promoted by Italian Society of Pediatric Psychology (S.I.P.Ped.) in collaboration with National and Regional Order of Psychologists, with Hospital and University Pediatric Multipurpose Inter-institutional Experimental Center (Ce.S.I.P.P.U.O) founded by Villa Sofia – Cervello Gathered Hospitals, University of Palermo, and European Institute for Disvantage and Develpmental-Educational Promotion (I.E.D.P.E) Palermo.

The Conference represented a meeting opportunity for psychologists, pediatricians, gynecologists, child psychiatrists, present in large numbers (400), to address complex issue on integrated practice in Maternal Infant Health Care. In this sense, panel sessions, symposium, lectures and workshops were organized, which allowed participants to study perspectives, difficulties and strengths of models, procedures and practices, and features of the Good Practice System's management, in according to local hospital's feasibility criteria.

Speakers included were: the national and regional president and vice president of the Order of Psychologists, Fulvio Giardina and Sonia Tinti Barraja; president and vice president of Italian Society of Pediatric Psychology, Giovanna Perricone and Gianni Biondi; president of Society of Pediatric Psychology (APA Division 54), Celia Lescano and Laura Simons, member of the division; head physicians of Maternal Infant Health Care area of Villa Sofia – Cervello Gathered Hospitals; many psychologists/psychotherapists members of S.I.P.Ped. and of the Order; presences from scientific societies and health institutions; in addiction to teachers and physicians that conduced workshops about death, neonatality, obstetrics, emergency, chronic diseases, and functional pain management. Many experiential modules about integrated procedures on follow up preemies and about MAP were conducted as well.

Starting from expertise in pediatric psychology, that focus on care of developmental process of fetus/newborn/child in pediatric conditions, the conference has underlined feasibility of integrated model between psychologists and health professionals in Maternal Infant Health Care, and, as Giovanna Perricone, president of S.I.P.Ped., said, "The conference allowed building bridges, and defining a scientific and professional community involved to develop courses, strategies and procedures for integrated care in the everyday suffer of maternal infant health care."



## **2018 APA Convention Update**

**By** Marilyn L. Sampilo, Ph.D., MPH, Division 54 APA Program Chair and Jason Van Allen, Ph.D., Division 54 APA Program Co-Chair

We are excited to highlight some of the Division 54 program offerings at the upcoming 2018 APA Annual Convention. This year's convention, to be held in San Francisco from August 9 – 12, will feature a great balance of topics with sessions focused on clinical practice, research, and training/professional development.

Symposia, skill-building sessions, and conversation hours at the Convention are consistent with Division 54's programming theme, "Pediatric Psychology in a Rapidly Evolving Landscape: Promoting Diversity and Cultivating Innovation" and exemplify the integration of research and practice. Some examples: 1) An Innovative Clinical Approach to Increase Access to Pediatric Psychological Services, 2) Cultural Factors in Working with Caregivers of Infants and Young Children in Medical Settings, and 3) Developing and Refining mHealth Interventions with Intensive Longitudinal Data.

Promoting and addressing diversity was a core component of this year's theme. Programs related to this theme include: 1) Health Disparities: Improving Care Outcomes for Underserved Children, Youth and Families, and 2) Walk a Mile: Understanding Challenges Faced by Families Struggling to Find Assessment and Treatment. This latter program, a collaborative effort across several divisions, features an innovative format including a 30-minute role play followed by an hour long cross-disciplinary panel discussion and 20-minute Q & A. The discussion will reflect upon the role play activity (a simulated awareness building session) and provide an opportunity to examine policies and practices that promote or hinder easy access to mental health treatment services for underserved populations. We hope you will join us for this exciting session.

A number of training and professional development opportunities will also be of interest to Division 54 members. This includes: 1) Obtaining an Internship in Pediatric Psychology: Words of Wisdom from Two Pediatric Psychologists, 2) Becoming a Pediatric Pain Psychologist: Opportunities in Integrated Pain Management, and 3) Beyond Clinical Service: Developing Diverse Roles for Psychologists in Integrated Primary Care.

Following the positive reception regarding last year's combined format, we will host our social hour immediately following our business meeting. These events are excellent opportunities for trainees and professionals to network, socialize, and learn from one another.

We hope you plan to join us in San Francisco. Please look for a full schedule of events in the next issue of **Progress Notes**.

# History Spotlight

## The National Conference on Child Health Psychology: 1987-2006

By Laura L. Mee, Ph.D., Lisa M. Schilling, Ph.D., and James H. Johnson, Ph.D.

t began in the basement of the Health Science Center at the University of Florida in Gainesville.

At an ordinary meeting of faculty members of the Department of Clinical and Health Psychology in 1987 the growth of the pediatric psychology program was discussed. The idea was proposed to organize presentations related to pediatric consultation/liaison, with a goal of educating physicians and medical personnel regarding our training, expertise, and research achievements.

Jim Johnson deftly obtained financial support from the Department Chair Nate Perry in the form of \$5,000 with the understanding that the group would expand the meeting beyond the local arena.

The Conference Planning committee included what would now be considered many of the "Who's Who" of Pediatric Psychology, with Jim Johnson as the fearless leader, Suzanne Bennett Johnson as the co-chair, and significant contributions from Steve Boggs, Sheila Eyberg, and Gary Geffkin, all of whom were regularly supervising students, interns and fellows in pediatric psychology consultation, therapy and research.

When faculty, students and trainees were asked to commit to join the committee and take on the more mundane tasks involved in planning what might be a national conference, the response was overwhelmingly enthusiastic (including the authors of this report, who were an intern (LS) and graduate student (LM) at the time)!

The interest in promoting pediatric psychology within and outside of our small community provided enough great minds to form Program, Local Arrangements, Publicity, Social/Recreation and Continuing Education Committees.

The first Florida Conference on Child Health Psychology was held on April 13-15, 1988 in Gainesville, Florida. The theme was "Cutting Edge Research in Child Health Psychology." Symposium topics were chosen and papers solicited in the following areas, with topic chairs including names that continue to be so familiar to us: Stress and Coping in Pediatric Psychology (Barbara Melamed); Prevention in Pediatric Psychology (Michael Roberts); Family, Sibling and Peer Issues in Pediatric Psychology (Barbara Anderson); Compliance in Pediatric Psychology (Suzanne Bennett Johnson) and a finale from our good friend Don Routh on Frontiers in Pediatric Psychology. An Invited Address by Karen Matthews featured her work on Type A Behavior: Update on Risk Factor Status, Development and Intervention. The Society of Pediatric Psychology was an invited Co-Sponsor. In addition to the University of Florida faculty and student hosts and planners, 125 psychologists, students and medical professionals attended the inaugural conference.

The infrastructure for a national conference was something of a challenge at that time in Gainesville, FL. There was only one conference sized hotel, and only minimal available transportation in the "way before Uber" days. Restaurant options near the University primarily included biscuits the size of your head or large bowls of queso with chips.

In the interest of providing a setting that would enhance getting to know each other and facilitate research networking; meals and activities were planned for each day and included in the conference registration and transportation was provided in University vehicles.

Those who attended the early conferences probably recall that eating and socializing as a group was a large part of the experience! The original con-



ference included a picnic at one of Florida's freshwater springs (Rainbow Springs), and some of the more memorable events after that time ranged from kayaking and canoeing at the Univ. of Florida recreational facility, to a barbecue at the botanical gardens, a performance of "Always Patsy Cline" at the historic Hippodrome Theatre, and the always popular visit to Lake Alice to experience the University's live gators in their natural environment (this lake is likely where the term "Gator Bait" became popular).

The registration fee was very reasonable: Advance Registration: Students \$20; Non-Students \$35; On Site Registration: Students \$30; Non-Students \$50. There were 32 paper presentations and 51 poster presentations. All the papers for the conference were subsequently published in Johnson, J.H. & Johnson, S.B. (1991) (Eds.) *Advances in Child Health Psychology*, University of Florida Press, and an addendum to this book, edited by Steve Boggs, was also made available to anyone who purchased the book and included abstracts of all poster sessions.

Participant feedback was very positive, and it was determined that a conference every other year could be feasible. The Second Florida Conference on Child Health Psychology was held the following year in 1989, to allow for a schedule that would not conflict with participants' possible interest in attending the various regional pediatric psychology conferences that were also being started at the time.

Between 1988 and 2006 a total of nine national conferences were held in Gainesville, Florida, hosted by the University of Florida Department of Clinical and Health Psychology and the Society of Pediatric Psychology: 1988, 1989, 1991, 1993, 1995, 1997, 1999, 2001, 2006. The number of attendees grew to approximately 400 in 2006. Many of the early contributors to the Florida Conference became mentors to hundreds of pediatric psychology students over the intervening 30 years—Denny Drotar, Suzanne Bennet-Johnson, Michael Roberts, Lori Stark, Annette LaGreca, Tonya Palermo, Anne Kazak - to name a few early presenters in Gainesville.

The Society of Pediatric Psychology Annual Conference (SPAAC) is much more formal and impressive. However, we owe a debt of gratitude to those early pioneers in our field that started this wonderful organization that has been our professional home since that first idea for a conference to showcase pediatric psychology was hatched back in Gainesville in 1987.



# Society of Pediatric Psychology Division 54, American Psychological Association

# **Join Division 54!**

## Membership benefits include:

- Subscription to two professional journals: *Journal of Pediatric Psychology* and *Clinical Practice in Pediatric Psychology*, and the Society's newsletter, *Progress Notes*
- Professional development and continuing education credit at SPPAC, the Society of Pediatric Psychology Annual Conference, and the annual APA convention
- Access to the SPP member directory and listserv, with employment opportunites, clinical issue discussions, referral requests, etc.
- Opportunities to network, participate in Special Interest Groups, and have advocacy and representation in pediatric psychology
- Various awards and grants for students and psychologists at all career stages
- Participation in the SPP mentoring program—as mentee or mentor

## **Special Student Benefits include:**

• Conference programming specifically designed for students to meet and network with mentors

## **Vision Statement**

Healthier children, youth, and families.

## **Mission Statement**

The Society aims to promote the health and psychological well being of children, youth and their families through science and an evidence-based approach to practice, education, training, advocacy, and consultation.

## **Accessing Member Services**

- Join the listserv Send an e-mail to: div54@hotmail.com, with the following command: ADD DIV54-MEMBERS (Email address) (First name) (Last name) in the body of the message (do not include parentheses and do not write anything in the subject line). For example: ADD DIV54-MEMBERS janedoe@pedpsych.edu Jane Doe
- Sign off the listserv Send an e-mail to: *listserv*@ *lists.apa.org*. Leave subject line blank. In e-mail, type "signoff div54-members" (without quotes).
- Access the Journal of Pediatric Psychology and Clinical Practice in Pediatric Psychology online Go to: www.division54member.com/ and sign in with your username and password.
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- Join the online member directory Send e-mail to: APAdiv54@gmail.com to ask for online directory registration form.
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- Visit the Society of Pediatric Psychology online Go to: http://societyofpediatricpsychology.org/

**2018 Free Membership Winners** 

Cathryn Richmond Jennifer Fisher

To join, please visit: http://societyofpediatricpsychology.org

## **Progress Notes**

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